EXPANDING HORIZONS FOR THE EARLY YEARS

Promoting Mental Health from Conception and Beyond

April 16 & 17, 2013
The Westin Prince Hotel
Toronto, ON

and Pre-Institute Workshop
with Dr. Allan Schore
April 15, 2013
The Hospital for Sick Children, Toronto
(Also by WEBCAST)

This learning event is for Multidisciplinary practitioners concerned with the care of infants and young children and their families, in settings such as:

- early learning and care
- public health
- physicians
- early intervention
- child welfare
- children’s mental health
- hospitals
- pre & post natal programs
- family resource centres
- CAPC/CPNP programs
- community health
- infant and child development

REGISTER TODAY AT
www.IMHPpromotion.ca
IMHP is pleased to invite you to our fourth national Expanding Horizons for the Early Years Institute on Infant Mental Health. As a new baby grows to toddlerhood, it is important for practitioners to be aware of social, emotional and cognitive development through screening and assessment approaches and to be able to support parents when problems arise. Because of the significant amount of development occurring in these first few years, ALL professionals working with infants and families have the capacity to have significant impact on a child’s life trajectory and improve outcomes through prevention and early intervention. This year’s theme - Promoting Mental Health from Conception and Beyond - will allow us to explore social and environmental determinants and the impact of risk on mental health outcomes for infants and young children, as well as integral topics for promoting mental health: understanding brain development, self regulation, attachment, parent/ child attunement, observation, assessment, intervention and support for infants and families.

Please join us. We are sure you’ll find it a rewarding learning experience.

Brenda Packard
Expanding Horizons 2013 Committee Chair
Supervisor, Children’s Aid Society of Toronto, Chair IMHP Family Law Initiative

PRE-INSTITUTE WORKSHOP
The Hospital for Sick Children
Monday April 15, 2013 - 9 am - 4 pm

MODERN ATTACHMENT THEORY:
The Enduring Impact of Right Brain Development on Affect Regulation
with Dr. Allan Schore

CONFERENCE SCHEDULE AT A GLANCE
Westin Prince Hotel, Toronto

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MODERN ATTACHMENT THEORY:
The Enduring Impact of Right Brain Development on Affect Regulation

with Dr. Allan Schore
Department of Psychiatry and Biobehavioral Sciences,
UCLA David Geffen School of Medicine, and UCLA Center
for Culture, Brain, and Development

Recent contributions from neuroscience are offered to support Bowlby’s assertions that attachment is instinctive behavior with a biological function, that emotional processes lie at the foundation of a model of instinctive behavior, and that a biological control system in the brain regulates affectively driven instinctive behavior. This control system can now be identified as the orbitofrontal system and its cortical and subcortical connections. This ‘senior executive of the emotional brain’ acts as a regulatory system, and is expanded in the right hemisphere, which is dominant in human infancy and centrally involved in inhibitory control.

Part 1: Early right brain affect regulation and the origins of emotional well-being

In this presentation and dialogue with the audience Dr. Schore will discuss how his Regulation Theory offers interpersonal neurobiological models of attachment, detailing the enduring impact of interactively regulated bodily-based affective transactions on the organization of the infant’s developing right brain, which for the rest of the life span is dominant for the non-conscious processing of emotions, stress regulation, and intersubjectivity.

Part II: Right brain affect dysregulation, relational trauma, and psychopathogenesis

Dr. Schore will describe the negative impact of relational trauma on the developmental trajectory of the right brain and the origins of pathological dissociation as well as the intergenerational transmission of a predisposition to attachment trauma-related psychopathologies of self-regulation, including posttraumatic stress disorder and borderline personality disorder. He will also discuss early intervention, and the use of Regulation Theory as a guide for clinical assessments of the mother-infant attachment relationship.

About Dr. Schore:

Dr. Allan Schore is author of four seminal volumes, Affect Regulation and the Origin of the Self, Affect Dysregulation and Disorders of the Self, Affect Regulation and the Repair of the Self, and The Science of the Art of Psychotherapy, as well as numerous articles and chapters. His Regulation Theory, grounded in developmental neuroscience and developmental psychoanalysis, focuses on the origin, psychopathogenesis, and psychotherapeutic treatment of the early forming subjective implicit self. His contributions appear in multiple disciplines, including developmental neuroscience, psychiatry, psychoanalysis, developmental psychology, attachment theory, trauma studies, behavioral biology, clinical psychology, and clinical social work. His groundbreaking integration of neuroscience with attachment theory has lead to his description as “the American Bowlby” and with psychoanalysis as “the world’s leading expert in neuropsychoanalysis.”
### DAY 1
- Tuesday April 16, 2013 -

at the Westin Prince Hotel

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<td>Cindy-Lee Dennis, PhD</td>
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<td>Professor in Nursing and Medicine, Dept. of Psychiatry; Canada Research Chair in Perinatal Community Health; Shirley Brown Chair in Women's Mental Health Research, Women's College Research Institute; Lawrence S. Bloomberg Faculty of Nursing, University of Toronto</td>
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Depression is a widespread condition that has become a major public health priority. Although it affects individuals throughout the lifespan, research suggests an increased risk for both women and men during the postpartum period. Based on evidentiary studies, major depression can interfere with parenting quality and increase the risk of children developing mental, behavioural, and social problems – and evidence is accumulating that these negative effects begin in the early infant environment. This presentation will review the research on maternal and paternal depression and the impact on child development, present theoretical mechanisms underpinning the relationship between parental depression as a risk factor for child development, examine recent meta-analyses related to the most effective ways to prevent and treat depression in the perinatal period, and outline innovative clinical and research implications.

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### 10:30 Concurrent Sessions – A

#### A1
Collaborative Assessment and Treatment for Children’s Health (CATCH): Interdisciplinary wraparound for infant mental health in families with trauma

Carole Anne Hapchyn, MD, FRCPC, Program Psychiatrist, Infant and Preschool Service, CASA Child, Adolescent and Family Mental Health

The Collaborative Assessment and Treatment for Children’s Health (CATCH) program was formed to enhance integration and coordination of infant and preschool trauma assessment and intervention services in Alberta. This new wraparound model of care brings together an interdisciplinary team from health, mental health, neurodevelopment, and child protective services. The program includes a focus on promoting attachment, making the family (parent/child dyad) the focus of care, involving them in case conferencing and treatment decisions, and improving case coordination. Details and findings from the program will be presented including: the process, barriers, challenges, evaluation of CATCH detailing outcomes for both children and parents, developing resources for working with Aboriginal Families, and enabling factors in building this new model of care.

#### A2
Effectiveness of Watch, Wait and Wonder with Adolescent Mothers and their Children

Mirek Lojkasek, PhD, CPsych, Clinical & Developmental Psychologist (private practice); and Jasmina Pilasanavic, MSW, RSW, Early Years Resources Educator at Parents for Better Beginnings, Regent Park Community Health Centre

Adolescent mothers who themselves are developing autonomy and identity can experience considerable challenges parenting in comparison to more mature mothers. This can lead to difficulties in the mother-child relationship and difficulty responding to interventions. Watch Wait and Wonder (WWW) is one of a small number of empirically established interventions aimed at the parent-child relationship that has been shown to lead to improvement in the quality of the parent-child relationship, attachment security, and child developmental competence. Case examples will be presented as well as findings of an evaluation sample comprised of 16 6- to 54-month-old children and their adolescent mothers. WWW is non-intrusive and has also been shown to reduce risk factors associated with poor parenting, including maternal depression, and poor parenting confidence.
A3 Strengths-based Strategies to Enhance Parental Engagement and Child Development

Edward Rawana, PhD, CPsych, Associate Professor/Director, Clinical Psychology Program, Lakehead University, Department of Psychology/Centre of Excellence for Children and Adolescents with Special Needs (CECASN); Bruno Castellan, MSW, RSW, Social Worker; Tammi Marsh, HBA (Psych.), MSW, RSW, Social Worker; and Kathy Berry, HBSW, RSW, Social Worker, Children’s Centre Thunder Bay

Parental engagement is important in providing mental health programming to infants and young children. Few interventions have developed and tested strengths-based approaches, which embrace the existing capacities and competencies of children and their families, in order to reduce symptomatic behaviours and increase coping skills. This workshop summarizes the clinical results and benefits from our implementation of strength-based strategies for treatment planning and assessment. Our approach focuses treatment on the existing abilities of young children and their families to decrease problem behaviours without losing focus on the challenges clients face. Presenters will also introduce a preliminary tool, the Early Childhood Strengths Assessment Inventory (SAI-EC), and its application for use in practice.

A4 High Risk Infants and Child Welfare: Working with our most vulnerable population

Kimberly Brisebois, MSW, PhD Candidate, Family Service Supervisor, High Risk Infant Team; and Jessica Sartori, PhD, Director, Quality Assurance, Windsor-Essex Children’s Aid Society

Cases of infants living in high risk environments are extremely challenging and complex and require significant collaboration to ensure the infant’s safety and well-being. The Pediatric Death Review Committee Report (2008) notes “the vast majority of children’s deaths reviewed by the Pediatric Death Review Committee resulting from acts of omission or commission were potentially preventable with increased or different intervention, education or monitoring”. In 2009, the Windsor-Essex Children’s Aid Society developed a High Risk Infant Team to provide services for high risk families with children under the age of 2, out of a desire to enhance outcomes. This presentation will review the development of the High Risk Infant Team including model development, promotion of best practices, and staff training, and experiences with program implementation including case studies.

A5 Strengthening Parenting Competencies: The Incredible Years program

Debbie Zanetti, BA, ECE, MEd, Manager; Kristine Clarke, BScN, RN, Public Health Nurse; and Esther Persaud, BScN, RN, Public Health Nurse, City of Toronto Public Health

Toronto Public Health is the Canadian leader in the delivery of the “Incredible Years Basic Parent Program” for children ages 2-6. This program, which strengthens social and emotional competencies and promotes school readiness in children, employs comprehensive interventions to increase positive, nurturing parenting and reduce harsh discipline. Focusing on social and emotion coaching, participants will have the opportunity to view The Incredible Years parent child vignettes and engage in program techniques. The successes of Toronto Public Health’s implementation model of the Incredible Years will be shared including processes to support the program, mentorship, community partnership, and evaluation.

A6 Managing Infant Pain: The dos and don’ts for health professionals and parents

Rebecca Pillai Riddell PhD, CPsych, Associate Professor York University, Scientific Staff, Hospital for Sick Children, Adjunct Associate Professor University of Toronto; Lauren Campbell, MA, Doctoral Student, York University; and Nicole Racine, MA, Doctoral Student, York University

Understanding the role of the caregiver in the infant pain context is a fundamental starting point for approaching infant pain management. Given the deleterious consequences of poor pain management, research expounding how caregivers manage pain is important to informing healthy infant development. After a brief orientation to the field of infant acute pain, this symposium will bring together cutting-edge naturalistic research on the role of caregiver management of infant pain-related distress from three recent papers regarding: the efficacy of 13 different caregiver strategies for infant acute pain management; concurrent and predictive relationships between infant pain-related distress and caregiver emotional availability; and finally the paradoxical impact of verbal reassurance.

A7 Connecting with Families: An interdisciplinary collaboration between child welfare workers and early childhood educators

Nicole Ibrahim, RECE, Consultant, Nurturing Early Education Development Services; Brenda Packard, BSW, Supervisor, Children’s Aid Society of Toronto, Chair IMHP Family Law Initiative; and Stephanie Briskin, MSW, Family Service Worker, Children’s Aid Society of Toronto

There is an understanding that social interactions and support networks play an integral part in a child’s development. Each professional working with a family has a unique perspective of the family based on their area of specialization. Child Protection Workers and Early Childhood Educators (ECE’s) have an opportunity to work together to understand and promote development through screening and intervention within an anti-oppressive framework. The ECE skill set can be used to further facilitate and model attachment strategies to encourage and promote responsive caregiving. The presenters will discuss the importance of creating collaborative approaches between professionals to help serve families with specific and unique needs in a Child Welfare Setting.

A8 Temperament: Understanding and fostering goodness of fit

Greg Lubimiv MSW CACPT-S, Executive Director Phoenix Centre for Children and Families

Temperament forms one aspect of personality and is often distinguished from character (i.e. learned behaviour) however it can also be influenced by the environment (i.e. goodness of fit). Sensitive and effective caregiving requires caregivers to adapt their expectations and their responses to a child to provide a good fit with their children’s temperament. Parents of children with challenging temperaments may need help understanding and managing behaviors to promote self-regulation. This workshop will focus on understanding child temperament and how it impacts behaviour. Attention will be paid to goodness of fit for parents, as well as for service providers who are working with a child. Participants will have an opportunity to practice assessing goodness of fit and developing strategies to foster attunement.
This luncheon address will focus on policies, practices and research promoting infant mental health across many disciplines and in a variety of service settings in Canada and the USA. The presenter will discuss important initiatives leading to systems change in the rapidly growing infant and family field: a work force development plan for infant and early childhood professionals, infant mental health graduate training and education programs, evidence-based services for young children 0-3 years of age and their families, and reflective supervision and consultation services to strengthen the infant and family field.

1:30 Concurrent Sessions – B

B1 Using Innovative Research Methods to Expand Program Knowledge: The Experience of CAPC and CPNP
Melanie McGinnis, MSW, Analyst; Nicole Kenton, MA, Evaluation Analyst; and Kara Hayne, MA Candidate, Strategic Research Analyst, Public Health Agency of Canada (PHAC)

This session will present the findings from two innovative studies conducted by the Public Health Agency of Canada to assess the program impact of the Community Action Program for Children (CAPC) and the economic impact of the Canada Prenatal Nutrition Program (CPNP). CAPC and CPNP programs promote the well being of pregnant women, new mothers and babies and the healthy development of young children (0-6 years) through supports and activities made available to children and their families facing challenging life circumstances. This session will present the innovative methodologies and findings from these impact studies, and the resulting implications for program improvement and best practices, particularly for vulnerable and Aboriginal populations.

B2 Applying Experiential Learning Cycle to Address Excessive Screen Time through Nobody’s Perfect™
Tharany Nadarajah, RN, BSCN, Public Health Nurse; and Patricia Alder, RN, BSCN, Public Health Nurse, City of Toronto Public Health

Toronto Public Health has developed an intervention aiming to decrease excessive screen time (ST) incorporating evidence-based activities targeting the cognitive, psychomotor and affective domains of learning. These were integrated into the preventative Nobody’s Perfect™ parenting program (NPPP) developed by Health Canada to meet the needs of parents who are young, socially or geographically isolated or who have low income or limited formal education. The activities implemented in NPPP to address the issue of ST create an opportunity for the facilitator to build on participants’ current knowledge, skill and experience through the use of Experiential Learning Cycle which consists of: (1) the experience, (2) noticing, (3) relating, and (4) applying. Through effective use of these activities, participants are able to relate and find meaning in their situations to recognize and support behavior modification.

B3 Frazzled, Furious or Focused Fathers: Understanding the impact of dad’s mental health on his family
Brian Russell, BA, MS, Provincial Coordinator, Dad Central Ontario

The level of a father’s involvement in the life of a new family impacts a family, but the majority of current evidence focuses on physical factors, like employment, household chores, time with the baby, etc. How a father adjusts to parenthood is affected by his stress, anger, life balance, depression and relationships. We need to understand how a father’s emotional stability affects the stability of the family system. Frazzled, Furious or Focused Fathers will explore influences on a father’s mental health, the impact of his mental health on his baby, the mother and their relationship, and the father-child attachment relationship. Resources and strategies to inform and support a fathers’ mental health will be presented.

B4 Resiliency Skills Training for Parents of Young Children
Darlene Kordich Hall, RN, PhD, Programme Coordinator, Reaching IN…Reaching OUT

How parents handle adversity and stress has an impact on how their children fare. Bounce Back & Thrive! (BBT) is a 10-session, evolving evidence-based resiliency skills training program for parents based on Reaching IN…Reaching OUT (RIRO) skills training for professionals. BBT focuses on enhancing parents’ capacity to provide a caring relationship and role model skills that build resilience in daily interactions with their children. It also helps parents apply behavior guidance and resiliency-building strategies directly with their children. Thirty community organizations from multiple sectors partnered in this 3-year pilot project to shape change and influence health and well-being by promoting resilience in families experiencing significant challenges. Through this presentation, documentary video and discussion, participants will learn about BBT and other resilience resources developed for this project.

Growth and Change in a Rapidly Changing World
Deborah Weatherston, Ph.D., IMH-E®
Executive Director of the Michigan Association for Infant Mental Health (MI-AIMH)

This luncheon address will focus on policies, practices and research promoting infant mental health across many disciplines and in a variety of service settings in Canada and the USA. The presenter will discuss important initiatives leading to systems change in the rapidly growing infant and family field: a work force development plan for infant and early childhood professionals, infant mental health graduate training and education programs, evidence-based services for young children 0-3 years of age and their families, and reflective supervision and consultation services to strengthen the infant and family field.
**B5** Ontario’s Enhanced 18-month Visit: A universal strategy to optimize development

Dr. Jean Clinton, BMus MD FRCP(C), Associate Clinical Professor, Department of Psychiatry and Behavioural Neurosciences Offord Centre for Child Studies, McMaster University

Evidence demonstrates that the quality of the early years’ experience establishes trajectories of health and well-being for children. In Ontario, primary health care is the only place where all children are routinely seen in the first two years of life. The 18-month visit is the last in a series of regularly scheduled primary care visits (with an immunization) before school age and is an ideal opportunity for anticipatory guidance and evaluation in collaboration with parents, discussion of development, identification of risk factors, and early intervention. This presentation will provide an overview of the neuroscientific research supporting the importance of early child development and the early years and describe Ontario’s Enhanced 18-month Well-Baby Visit as well as an overview of recommended tools and resources available to support the enhanced 18-month visit.

**B6** Recognizing the Effects of Relational Trauma on Attachment, Self Regulation and Developmental Competencies

Mary Rella, Manager, Assessment, Consultation and Training, Panorama Program for Children and Youth, Thistletown Regional Centre, Ministry of Children and Youth Services

The significance of the infant’s primary caregiving relationship is indisputably central to the infant’s over all cognitive, social and emotional development. Recognizing that the caregiving relationship is responsible for the infant’s developed proximity-seeking behaviours and autonomy-related behaviours will assist clinicians in identifying attachment patterns, related mutual-regulation patterns and/or self-regulation in the infant. Infant mental health is fundamentally rooted in the caregiving relationship. This understanding is even more critical when it comes to trauma in the caregiving relationship by way of neglect. It has profound consequences for the infant’s overall development. The talk will focus on the development of the attachment relationship and the role it has in the infant’s developed regulation capacity.

**B7** Infant Wellness and Child Welfare: Promoting healthy mental and physical wellbeing

Joanne Filippelli, BSc, BSW, MSW. Research Project Coordinator, Child Welfare Institute, Children’s Aid Society of Toronto; Brenda Packard, BSW, Supervisor, Children’s Aid Society of Toronto, Chair IMHP Family Law Initiative; Chaya Kulkarni, BAA, MEd, EdD, Director, Infant Mental Health Promotion (IMHP), The Hospital for Sick Children; and Connie Cheung, MA, PhD, Supervisor of Research and Program Evaluation, Child Welfare Institute, Children’s Aid Society of Toronto

Maltreated infants and young children placed in out-of-home care are among the most vulnerable populations in Canada, as they are at risk for both poor mental and physical health outcomes. The early identification and intervention of mental health problems is critical to the well-being of these children and their families, however the Ontario child welfare sector often does not consistently or systematically screen children for mental health or other developmental concerns (Jee et al., 2010). In response to the identified gap in services, the Infant Wellness Program, a joint initiative between the Children’s Aid Society of Toronto and Infant Mental Health Promotion was established to implement and evaluate the use of standardized screening tools for early mental health and developmental vulnerabilities and introduce preliminary interim intervention strategies.

**B8** Seeds of Empathy: Teaching from the attachment relationship

Lisa Bayrami, PhD, Research Manager, Roots of Empathy; and Melissa Soltani, National Manager of Seeds of Empathy (USA), Roots of Empathy

The “Seeds of Empathy” program is anchored by a set of established goals for children: (1) to foster the development of empathy and emotional literacy, (2) to build social emotional understanding, (3) to reduce aggression and increase pro-social behaviour, and (4) to develop positive attitudes towards and competencies in early literacy. At the heart of the program are an infant and a parent. Through guided observations of this early attachment/attunement relationship, the program successfully fuses Social-Emotional Learning with early literacy, building on children’s executive function skills and self-regulation capacities, equally valuing traditional literacy and emotional literacy.

**KEYNOTE**

**CULTURE AND PSYCHOPATHOGENESIS: Perspective of Modern Attachment Theory**

Dr. Allan Schore
Department of Psychiatry and Biobehavioral Sciences, UCLA David Geffen School of Medicine, and UCLA Center for Culture, Brain, and Development

Attachment theory is essentially a regulatory theory, and attachment can be defined as the interactive regulation of biological synchronicity between organisms. This model suggests that future directions of attachment research should focus upon the early-forming psychoneurobiological mechanisms that mediate both adaptive and maladaptive regulatory processes. Dr. Schore will use the perspective of Regulation Theory to comment on the interpersonal neurobiological mechanisms by which a particular culture can facilitate or inhibit the attachment bonding of mother’s and infants. He will also discuss clinical models of early prevention and the assessment of right brain functions in the first year of life.

**4:45** Adjournment
The Fundamental Role of Infant Mental Health
- how community, family and the environment shape infant mental health and what we can do about it through a Social Pediatrics Approach

Lee Ford-Jones MD
Professor of Pediatrics, Social Pediatrics and Infectious Diseases, University of Toronto

Major influences on child health are rooted in the social determinants of health. Life course models, viewing health as a developmental process provide a new perspective on social determinants of child health. Effective interventions to minimize the adverse effects of poor social conditions on life course development need to take account of the interaction between the social environment and biological processes. Social determinants of child health are also very relevant to pediatrics as part of the causal pathways of pediatric disease and in relation to access to high-quality healthcare. The role of Infant Mental Health is absolutely fundamental. Approaches to educating the 21st century health professional to address IMH is vital.

10:00 Break

10:30 Concurrent Sessions – C

C1 Mothers’ Mental Health Toolkit: A resource for the community
Dr. Joanne MacDonald (Psychiatry) Clinical Lead, Mothers’ Mental Health Toolkit, Reproductive Mental Health Services; Coleen Flynn (MSW) Content Lead, Reproductive Mental Health Services; and Kim D’Ambrogi (MScOT) Project Coordinator, Mothers’ Mental Health Toolkit, IWK Health Centre

Community service providers are often on the frontline of mothers’ mental health concerns and offer a non-stigmatized family-based point of contact. So, how do communities effectively support mothers in the face of mental health challenges, in times of limited clinical access and supply? The Mothers’ Mental Health Toolkit is a practical workbook-style resource, supported by the Public Health Agency of Canada. The Toolkit is both a staff education and participant support tool for a broad range of service providers interacting with at-risk families with very young children. Workshop participants will acquire a greater understanding of the risk and protective factors for maternal mental illness, along with screening tools and approaches to identify mothers of particular concern.

C2 Grandboomers in control (GIC): Champions for healthy early childhood development in ethnocultural, newcomer families
Sherlyn Hu, MSW, RSW, Social Worker/Health Promoter, South Riverdale Community Health Centre

Grandparents, particularly the rapidly growing baby boomer population born between 1946 and 1964 (the “grandboomers”), can become effective champions for healthy early childhood development in the social, emotional, cognitive and biological domains. In multi-cultural Toronto, a significant proportion of the grandboomers belong to newcomer, ethnocultural communities. Designed for allied health and social service professionals, this presentation will introduce a culturally-competent, anti-oppressive, interdisciplinary family support program for newcomer/immigrant grandparents caring for grandchildren aged from birth to six years which has been running at South Riverdale Community Health Centre since 2007. The program uses a two-pronged approach, empowering grandparents as “family health promoters” for healthy social and emotional development of young children, as well as enhancing grandparents’ well-being and belonging within their communities.
C3 Social Media: Providing parent support to public health clients

Eileen Viloria-Tan, Supervisor; and Serena Dharani, Public Health Nurse, Family Health, Region of Peel Public Health

Innovative strategies are required to provide education and support in an increasingly technologically savvy world. Social media provides an avenue to meet client needs in an interactive, leading-edge way. Recognizing that pregnancy and postpartum are key times when clients seek out health information, this social media strategy targets pregnant women, parents of children under six, and their families as a means to share and connect with other parents, and provide support to an ethnically diverse client base. Participants will learn about the research, development and implementation of a Facebook strategy and how to adapt their nursing skills to practice on a social media platform in order to engage clients and provide support online.

C4 Reflective Family Play: A family-centred approach that moves beyond the dyad

Dr. Diane Philipp, MD FRCPc, Child and Adolescent Psychiatrist, The Hincks-Dellcrest Centre and Assistant Professor, The University of Toronto, Department of Psychiatry; and Christie Hayos, MSW, RSW, Clinical Social Worker, The Hincks-Dellcrest Centre and Adjunct Lecturer, The Factor-Inwentash Foundation for Social Work Research, University of Toronto, Faculty of Social Work

Currently there is a lack of literature on working with the entire family in the infant and preschool population. Families are primarily offered individual or dyadic work, couples’ counselling, or parenting courses. In two-parent households often it is the family alliance which is contributing to the infant or child’s present issues. With the presence of both parents and potentially siblings as well, we are able to observe and explore the ways in which the family system operates. Viewing the young family as an emergent system, the hope is to bring about change during this critical period, by providing a venue and containment for family play, observation and reflection. This workshop will present a family play-based treatment model known as Reflective Family Play (RFP), derived from the Lausanne Trilogue Play paradigm (LTP) as well as Watch Wait and Wonder (WWW).

C5 Attachment Trauma and Triple P: Conceptual and practical application of community-based parenting support for high risk children and families

Dr. Brian Beech, RSW, Clinical & Research Consultant, Triple P York Region and Simcoe County, Ontario Canada, Kinark Child and Family Services, Aurora, Ontario

As Triple P (Positive Parenting Program) has become more widely adopted throughout Ontario, practitioners in children’s mental health and child welfare have begun to question the applicability of Triple P for children who have suffered from attachment trauma. Given the prevalence of attachment and attachment trauma difficulties among clients of children’s mental health and child welfare agencies, this question of applicability as an early intervention for prevention of child behavioural and emotional disorders is especially important. In this presentation, Triple P will be introduced and reviewed in light of the implications of attachment trauma for children and parents seeking or being mandated for services, and how Triple P can be sensitively delivered to meet the particular and complex needs of this population.

C6 Responding to Vulnerability Using Developmental Support Planning

Chaya Kulkarni, BAA, MEd, EdD, Director, Infant Mental Health Promotion Program (IMHP); Brenda Packard, BSW, Supervisor, Children’s Aid Society of Toronto, Chair IMHP Family Law Initiative

The new IMHP “Help Me Grow: Developmental Program Plan” tools have been developed to support parents and professionals in fostering a child’s development with special thought given to mental health needs. The plans are developed and informed by screening and case information gathered about an infant, toddler or preschooler’s developmental status and the context of the relationships surrounding the child to create an individualized developmental program plan for the child with a focus on mental health. This session will highlight how developmental program planning can be used in care, therapeutic access, and with foster families as an interin strategy to support development while awaiting clinical services based on the child’s individual needs.

C7 Fostering Shared Frameworks: An integrated multidisciplinary approach to working with children and their families

Eunice Lee, Registered Social Worker; Chris Robinson, Occupational Therapist; Amanda Binns, Speech-Language Pathologist; and Fay McGill, Speech-Language Pathologist, Milton and Ethel Harris Research Initiative (MEHRI) – York University

The Milton and Ethel Harris Research Initiative (MEHRI) at York University uses a multidisciplinary consultation process to assess each child’s individual differences and target developmentally appropriate treatment goals across domains (e.g. motor, sensory, communicative, emotional). The team (an occupational therapist, clinical social worker and two speech-language pathologists) will discuss the importance, benefits and challenges of using a shared framework to work effectively as a team and with families. The intervention process includes play-based assessment and observation, developing and testing hypotheses, and sharing thoughts, impressions and ideas with parents. Using this collaborative approach, the team strives to empower parents through understanding of their child’s needs and to foster ongoing developmentally supportive parent-child interactions in the home.

C8 HealthyBabyHealthyBrain.ca – Resources to Support Brain Development

Louise Choquette, Bilingual Health Promotion Consultant, Best Start Resource Centre - Health Nexus

Over the past year, the Best Start Resource Centre has developed an awareness campaign on supporting early brain development through healthy child development. The main component of this campaign is a website for future parents and for parents of children aged zero to three: www.HealthyBabyHealthyBrain.ca featuring 15 short videos on topics such as nutrition, sleep, play, literacy, physical activity, attachment, self-regulation, discipline, stress, etc. This session is an opportunity to learn about the research conducted to develop this campaign and see the various resources from Best Start Resource Centre that are available to expand parent’s knowledge of their children’s brain development. A French version of the site is also available at www.BebeEnSanteCerveauEnSante.ca and many resources are available in multiple languages.
**LUNCH PRESENTATION**

12:30

*The Alberta Family Wellness Initiative*

Norlien Foundation, Calgary

This presentation will describe an innovative knowledge mobilization strategy, supported by the Norlien Foundation, which is designed to integrate current scientific knowledge about the importance of early brain development for lifelong health and wellbeing into programs, policies and practices throughout Alberta’s many systems. The strategy has engaged a group of leaders from across Alberta’s research, policy, and clinical practice spheres in a three year process designed to help them acquire and apply evidence-based research in early brain development, children’s mental health and interventions designed to improve child and family functioning, and collaboratively generate and execute actions in policy and practice to support better outcomes for children and families in the province.

**1:30 Concurrent Sessions – D**

**D1**

*From Strategic Plan to Practice: A collaborative process in responding to perinatal depression in rural BC*

Fiona Ramsay, MSc, BSN, RP, Community Response Clinical Specialist, Northern Health, Mental Health & Addictions Service, Smithers BC; Kirsten Morgan, BSW, Masters Student in Counselling Psychology, Bulkley Valley Child Development Centre, Smithers, BC; Susan Greenlees, MA Counselling. Child and Youth Mental Health Clinician, Ministry for Children and Family, Smithers BC

IMH professionals are aware of the influence that maternal mental health has on the social and emotional development of infants and children, and therefore understand the importance of addressing perinatal depression (PND) in communities. This presentation highlights how a small community in Northern British Columbia responded to a provincial strategic plan to address PND through interagency collaboration in 2010. It will illustrate the collaborative process of bringing together multiple stakeholders to prioritize and implement a strategic plan without a designated budget to address screening and referral pathways, building on education and ongoing sharing of research from diverse disciplines.

**D2**

*“Moms on the Move”: An interagency employment and life skills intervention for adolescent mothers*

Sharon Lorber, MSW RSW, Social Worker; Gillian Thompson, NP-Paediatrics, Nurse Practitioner; Gillian Liberman, MSW RSW, Social Worker, Young Families Program, The Hospital for Sick Children

The Young Families Program at SickKids Hospital is an interdisciplinary team dedicated to the provision of medical care and psychosocial support to high-risk adolescent parents and their children. Given the educational, mental health and economic trajectories common to adolescent parents, career development is a priority in mitigating the negative effects of poverty. The interagency collaborative pilot project Moms-On-the-Move (MOM) was created to address the vocational needs of adolescent mothers. Presenters will review the literature pertaining to adolescent parenting and illustrate the effectiveness of the MOM project with supporting data and personal testimony, as well as lessons learned and visions for future development in vocational readiness with young parents.

**D3**

*Handle with Care: A program for promoting the mental health of young children living in high risk communities*

Nancy Cohen, PhD, CPsych, Director of Research, Hincks-Dellcrest Centre and Gail Appel Institute, Professor, Department of Psychiatry, University of Toronto

The Handle with Care Program, a new adaptation of a program by the same name for early childhood educators, consists of simple interactive strategies that build on the strengths of parents and caregivers to promote the mental health of young children from birth to 6 years of age. The Handle with Care in At Risk Communities Project was designed specifically to reach families and caregivers living in communities at risk for mental health problems, including new immigrant communities, isolated communities, First Nations communities, and communities at risk because of poverty. This workshop will introduce key aspects of the program delivery including its structure, facilitator training, program administration, process, topics, program activities, and evaluation.

**D4**

*Opportunities for Prevention and Intervention in Child Maltreatment*

Barbara Fallon, Assistant Professor, Factor-Inwentash Faculty of Social Work, University of Toronto, Director of the Canadian Incidence Study of Reported Child Abuse and Neglect (CIS) 2008; Kate Allan, Masters Student, University of Toronto, Social Work; Jennifer Ma, Doctoral Student, University of Toronto, Social Work

This presentation involves a secondary analysis the 2008 Ontario Incidence Study of Reported Child Abuse and Neglect (OIS-2008). Analyses are conducted to understand the profile of investigations involving infants (n=538) and which predictors were significant in the decision to transfer a case to ongoing services at the conclusion of the investigation. Infant investigations involve mostly young primary caregivers who struggle with poverty, single-parenthood, lack of social supports, mental health issues and drug abuse, and intimate partner violence. The functioning of the caregiver is the strongest determinant of ongoing child welfare involvement. Understanding data of this kind is key to developing interventions for specific caregiver concerns and the opportunity for early intervention in order to promote resiliency.
**D5 Interesting Times: Another link between theory and practice in child welfare**

Kathy Moran, BSW, RSW, Manager; and Helen Belanger, BA, Enhanced Parenting Specialist, Simcoe County Children's Aid Society

Attachment and Ecological Theory has informed a shift in thinking about child maltreatment. Critical reflection and analysis allow for the synthesis of information in assessment, and these processes are coming to be recognized as essential to the creation of a comprehensive service plan for the families of infants and young children living at risk of maltreatment. However, the competing needs and allocation of resources, and the exploding volume of research in child development create enormous challenges for the field of child protection. The pursuit of enhanced clinical practice in child welfare continues to inform core service delivery for the 0 to 3 yr old population at Simcoe County Children’s Aid Society. Innovative and complementary interventions within a principled practice of anti-oppression and clinical supervision framework scaffold to support the integration of positive, systemic change and customized, clinical work.

**D6 Towards an Exploration of the Concept of Mindful Parenting: Current concepts and research**

Dr. Mariana Wainer, CPsych, Senior Psychologist, Oshawa Psychological and Counselling Services; private practice, Toronto; and Dr. Kenneth Kwan, PhD, RMFT, CPsych, Executive Director/Chief Psychologist, Oshawa and Woodbine Psychological and Counselling Services

During the last decade there has been an increase in the applications of mindfulness based interventions to parenting. Pregnancy and parenting infants and youngsters are significant life-transitions, and as such mindful parenting programs can facilitate containment and skill building during this phase. Presenters will review key components of mindfulness and mindful parenting within the context of a developmental framework, taking into account key concepts from attachment theory and related research, processes of attunement, interactional disruptions and repair, and the development of self-regulation and reflective functioning. The implementation of these kinds of programs with different target populations, the influence of cultural and gender issues and future research directions will also be discussed.

**D7 Preterm Pathways: Examining preschool outcomes in children born prematurely**

Virginia Frisk, PhD, Dufferin-Peel Catholic District School Board; Rosanna McCarney, HBA, DCS, Psychometrist, Infant and Child Development Services Durham; and Cathie Sondergaard, MEd, RECE, ECE.C, Psychometrist, Infant and Child Development Services Peel

Preterm birth (PT) clients in the Central West & Durham Regions are assigned to Preterm Care Pathways, a system used by infant and child development programs to monitor children at set intervals. The program determines what type of service a child may need based on the degree of prematurity, medical, family history, and psychosocial risk factors. At 54 months, they undergo in-depth screening to examine cognitive, language, motor, academic readiness, self-help/social and executive function skills. This presentation will explore the findings of evaluation data collected through this program to increase understanding of how psychosocial, family history, and medical risk factors experienced in the neonatal period affect the outcome of preterm children.

**D8 Expanding Focus on Fathers into Focus on Family Literacy through Interprofessional Collaboration**

Edward Bader, Manager of Research and Policy, Social Services Network; Patricia Mousmanis, Coordinator Healthy Child Development Program, Ontario College of Family Physicians; Mohammed Baobaid, Executive Director, Muslim Resource Centre for Social Support and Immigration; and Terry Kelly, Registered Early Childhood Educator (RECE), Seneca College of Applied Arts and Technology

Focus on Fathers began in 1994 combining sports (led by a social worker) and discussions (led by a family physician and a family educator) to support fathers and has since evolved into an innovative interdisciplinary practice for supporting families, infants & toddlers. In 2009, Focus on Family Literacy was developed for parents and grandparents in several multilingual communities, using an approach “that builds on family strengths and connections within the context of communities and the culture in which the families live and learn” (Foundations in Family Literacy). This presentation will highlight how a program for fathers has evolved into an integrative multi-disciplinary and collaborative program for parents to encourage cognitive development through the early years.

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3:00 Break

**The Mental Health Practitioner Narrative:**

*Retaining awareness of self, in the face of so much trauma*

Michael Trout, BA, MA(Psych)

Director, The Infant-Parent Institute, Inc.

Increasingly we see that the connections between a mother’s narrative and her resulting state of mind regarding attachment is related to the quality of her attachments. We also note that understanding an infant’s narrative—especially when loss or trauma are part of the picture—is critical for his optimal development. But what about our OWN narratives as clinicians? Are they known to us that we can fully hear the stories of our patients? When we work with families who are so riddled with hurt, garbled narratives, and destructive internal working models, is our own narrative challenged? This workshop will allow us to consider our own stories, reflect on how they support or intrude upon our work with certain families, and contemplate which families are likely to challenge us most severely.

4:45 Adjournment
**NETWORKING**

Posters and Marketplace Exhibits will be on display throughout the Institute.

**Day 1 (Tuesday April 16) following sessions** join us for Poster Presentations and a Networking Reception to meet and mingle with colleagues from across Canada.

### Poster Presentations will include

<table>
<thead>
<tr>
<th>Title</th>
<th>Authors/Institutions</th>
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<tbody>
<tr>
<td>From Strategic Plan to Practice: a collaborative process in responding to perinatal depression in rural BC</td>
<td>Fiona Ramsay, MSc, BSN, RPN, Community Response Clinical Specialist, Northern Health, Mental Health &amp; Addictions Service, Smithers BC; Kirsten Morgan, BSW, Masters Student in Counselling Psychology, Bulkley Valley Child Development Centre, Smithers, BC; Susan Greenlees, MEd Counselling, Child and Youth Mental Health Clinician, Ministry for Children and Family, Smithers BC</td>
</tr>
<tr>
<td>The Role of Maternal Relationship Risk in Parenting Stress and Child Behaviour Problems in a Substance-Involved Sample</td>
<td>Julie Wallis, MA, Doctoral Student, York University/Breaking the Cycle; Mary Motz, PhD, CPsych, Clinical Psychologist, Mothercraft/Breaking the Cycle; Debra Pepler, PhD, CPsych, Distinguished Research Professor of Psychology, York University</td>
</tr>
<tr>
<td>Saccadic Eye Movement Control and Psychometric Testing in the Assessment of Cognitive Dysfunction in Children with Fetal Alcohol Spectrum Disorders</td>
<td>Angelina Paolozza, Centre for Neuroscience Studies, Queens University; Carmen Rasmussen, Department of Pediatrics, University of Alberta; Jacqueline Pei &amp; Ana Hanton-Dearman, Manitoba FASD Centre; Sarah Niekel, Department of Genetics, Children’s Hospital of Eastern Ontario, Gail Andrew, Glenrose Rehabilitation Hospital; Audrey McFarlane, Lakeland Centre for FASD; Dawa Samdup &amp; James N. Reynolds, Centre for Neuroscience Studies, Queens University</td>
</tr>
<tr>
<td>Monitoring Self-Regulation with the Early Development Instrument</td>
<td>Chris Borst, Program Analyst (Early Years Data Analysis Coordinator), City of Hamilton; Marion Trent-Kratz, Early Years Senior Research Advisor, City of Hamilton; Magdalena Janus, Associate Professor, Offord Centre for Child Studies, Psychiatry &amp; Behavioural Neuroscience, McMaster University</td>
</tr>
<tr>
<td>Mothers’ Mental Health Toolkit: A Resource for the Community</td>
<td>Dr. Joanne MacDonald (Psychiatry) Clinical Lead, Mothers’ Mental Health Toolkit, Reproductive Mental Health Services; Coleen Flynn (MSW) Content Lead, Reproductive Mental Health Services; and Kim D’Ambrogi (MScOT) Project Coordinator, Mothers’ Mental Health Toolkit, IWK Health Centre</td>
</tr>
<tr>
<td>Collaborative Assessment and Treatment for Children’s Health (CATCH): Interdisciplinary wraparound for infant mental health in families with trauma</td>
<td>Dr. Carole Anne Hapchyn, MD, FRCPC, Program Psychiatrist, Infant and Preschool Service, CASA Child, Adolescent and Family Mental Health</td>
</tr>
<tr>
<td>“Moms on the Move”: An interagency employment and life skills intervention for adolescent mothers</td>
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### Marketplace Exhibitors will include:

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<tr>
<td>York University Division of Continuing Education</td>
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<td>Brookes Publishing</td>
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<td>Wintergreen Learning Materials</td>
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<td>The Centre of Excellence on Early Childhood Development Parentbooks</td>
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<td>Enhanced 18 Month Well Baby Visit</td>
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<td>Dad Central, Ontario</td>
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<td>Best Start/ Health Nexus</td>
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<td>About Kids Health</td>
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<td>Psychology Foundation of Canada</td>
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... and more!
## Concurrent Sessions at a Glance

*Can’t decide which sessions to choose?*

Select your options based on the categories and topic areas below.

Sessions may fill up so remember to rank your **top 3 picks** for each concurrent session.

### CONCURRENT SESSIONS - BY CATEGORY

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<tr>
<th>Child Welfare</th>
<th>Clinical</th>
<th>Collaboration</th>
<th>Early Learning and Care</th>
<th>Program Evaluation</th>
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<td>C1, C2, D5</td>
<td>C3, C8</td>
<td>C1, C7</td>
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### CONCURRENT SESSIONS - TOPIC AREA

<table>
<thead>
<tr>
<th>Parent-Infant Relationships</th>
<th>Innovative Prevention and Early Intervention</th>
<th>Innovative Parenting Programs</th>
<th>Promoting Development</th>
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<tr>
<th>Father Involvement</th>
<th>Research/ Program Evaluation</th>
<th>Observation, Screening &amp; Assessment</th>
<th>Interagency/ Interdisciplinary Collaboration</th>
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<th>Early Learning and Care</th>
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<th>Adolescent Parenting</th>
<th>Health Care/ Safety/ Health Promotion</th>
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<th>Culturally Responsive Practice/ Aboriginal Perspectives</th>
<th>Parental Mental Health/ Trauma</th>
<th>Child Protection/ Legal Issues</th>
<th>Infant Trauma and Maltreatment</th>
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<td>C1, C5</td>
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The newly renovated Westin Prince, Toronto, features the unique combination of resting on 15 acres of magnificent parkland while maintaining easy access to all Toronto has to offer. The Westin Prince offers the atmosphere and facilities of a resort property with the convenience of a city hotel. Guests can enjoy the complimentary health club, beautiful outdoor seasonal pool, tennis, a putting green and wooded walking paths. All Westin Hotels & Resorts are smoke – free environments.

We are pleased to confirm the following special group rates at for accommodation at the Westin Prince (+ applicable taxes and fees).

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<td>Traditional King</td>
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<tr>
<td>Queen or Double</td>
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<td>$205</td>
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</table>

When making reservations, please be sure to specify Infant Mental Health Conference 2013 when reserving to receive the special group rates. The "cut-off date" for accepting reservations into this room block is March 14, 2013. Guests can contact reservations Toll Free at 1-888-627-8550 (Canada and US). Individual reservations must be guaranteed with a credit card or advance deposit. Please note that all guests will be required to present a credit card upon check-in at the Hotel. Additional reservation requests received after 5:00 p.m. local time at the Hotel on the cut-off date will be accepted on a space and rate availability basis.

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Phone: (416) 444-2511

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For further information on the hotel, driving directions and nearby amenities visit: www.westin.com/prince

A shuttle service will be provided to the Pre-institute Workshop at SickKids (555 University Ave., Toronto) for guests staying at the Westin Prince.

### Registration Details

**Register by Feb 15 for the EARLY BIRD rate.** Register for all three days and save an additional 10%.

Register online using the links provided at: or using the offline registration form included in this brochure. You may also fax your offline registration with a signature for authorization and phone in your credit card information. ALL confirmations will be sent by email. Your confirmation email is also your receipt. Please ensure that your email address is correct.

**Institute Registration includes:** Registration, syllabus, letter of attendance, exhibits, breakfasts, refreshment breaks, lunch on April 16 & 17 and applicable taxes. **Registrations may not be shared.** Individual sessions will be ticketed events and proof of registration will be required for entrance to sessions.

**Members Save 20%!** We encourage you to become a member in order to take advantage of discounted conference rates. Please visit www.IMHPromotion.ca for full details on membership benefits. Not sure if you or your agency is a member? Contact IMHP before submitting registration to confirm your membership status. Refunds will not be issued for overpayment, and you will be invoiced for the difference in fees if your membership is not valid.

**Registration will close April 2.** Register early to ensure enrollment in your choice of sessions. Registration is limited and concurrent session selections will be allocated in the order of the date received. Registrations received after April 2 may be declined or considered walk in registrations if space is available.

**Cancellation policy** - Please be sure to read the cancellation policy prior to submitting your registration. Should you need to cancel your registration you must do so by email to imp.mail@sickkids.ca prior to March 1, 2011. Until March 1, there is a 50% refund for cancellation. After March 1, no refunds will be granted for withdrawal. A replacement can be identified by the registrant provided that you forward details in writing no later than April 2. Transfer of fees/ credit to another IMHP event is not possible.

It is recommended that you do not make travel or hotel reservations that cannot be changed or cancelled without penalty until you receive your confirmation. Costs incurred are the responsibility of the individual. IMHP cannot be held responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the conference.

EXPANDING HORIZONS FOR THE EARLY YEARS: Promoting Mental Health From Conception and Beyond

April 15 - 17, 2013
REGISTRATION

Follow registration links at www.IMHPromotion.ca or use the form below.

First Name________________________ Last Name__________________________
Organization__________________________________________________________
Mailing Address_______________________________________________________
City_____________________ Province________________ Postal Code__________
Phone_____________________________ Fax ______________________________
Email _______________________________________________________________
IMHP Member? Yes____ No____
Professional Discipline (Check only one)
ECE____ Home Visitor____ Mental Health____ Infant/ Child Development____ OEYC____
PHN____ Physician/ Paediatrician_____ PT/OT____ Resource Consultant____ Administrator____
R.N.____ Researcher____ Social Work____ Speech/ Language____ Supervisor ____
Other (specify)_______________________________________________________

I will need overnight accomodations.  Y / N   I plan to use the hotel-workshop shuttle April 15.  Y / N

please circle your registration choices below

PRE-INSTITUTE WORKSHOP – Monday April 15, 2012
at The Hospital for Sick Children - Space is limited to 225 in person participants

<table>
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<th>FEE OPTIONS</th>
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<td>OTN Videoconferencing</td>
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EXPANDING HORIZONS FOR THE EARLY YEARS INSTITUTE

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<td>FULL INSTITUTE</td>
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<td>$460</td>
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<td>DAY 1 - April 16 only</td>
<td>$280</td>
<td>$350</td>
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<tr>
<td>DAY 2 - April 17 only</td>
<td>$280</td>
<td>$350</td>
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<tr>
<td>ALL 3 DAYS</td>
<td>$540</td>
<td>$675</td>
</tr>
<tr>
<td>Institute AND Workshop - save an additional 10%</td>
<td>$612</td>
<td>$765</td>
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</tbody>
</table>

Concurrent Session Selection - Number 3 your top 3 choices in each group in order of preference, i.e. 1st, 2nd, 3rd. Sessions may fill up! Selections will be allocated in order of receipt

Day 1 - AM
A1 A2 A3 A4 A5 A6 A7 A8
Day 1 - PM
B1 B2 B3 B4 B5 B6 B7 B8
Day 2 - AM
C1 C2 C3 C4 C5 C6 C7 C8
Day 2 - PM
D1 D2 D3 D4 D5 D6 D7 D8

TOTAL AMOUNT ENCLOSED $__________

Cheque enclosed (Payable to The Hospital for Sick Children/ IMHP) _____
Please charge my __Visa _____ Master Card _____ or Amex _____
# __________________________ Exp. __________________
Cardholder________________________ Date _______________
Signature __________________________

Please return with completed form and payment to:
Infant Mental Health Promotion (IMHP)
The Hospital for Sick Children
555 University Ave., Toronto, ON, M5G 1X8
416-813-7654 x 1082 Fax: 416-813-2258
imp.mail@sickkids.ca

or reserve your spot online at:
http://www.IMHPromotion.ca/ Events/ ExpandingHorizonsForTheEarlyYears2013

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Call before March 14 and specify Infant Mental Health Conference 2013 for group rates

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Toronto, ON M3B 3H2 Canada
Phone: (416) 444-2511
Toll Free: 1-888-627-8550 (Canada & US)
www.westin.com/prince

Please print clearly and ensure your email contact is correct. All correspondence will be via email.

SPACE IS LIMITED
Register EARLY to ensure enrollment in selected sessions. You may opt to register online and select "payment to follow" to save a spot & pay later.

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providing valid student ID may register at the discounted member rate

Registration Closes APRIL 2

See Registration Details for more information.

EARLY BIRD SPECIAL! register before Feb 15!
EXPANDING HORIZONS FOR THE EARLY YEARS
Promoting Mental Health from Conception and Beyond
April 16 & 17, 2013
The Westin Prince Hotel, Toronto, ON

Pre-Institute Workshop April 15, 2013 at the Hospital for Sick Children

Expanding Horizons for the Early Years 2013 Conference Committee and Abstract Reviewers

Brenda Packard, Children's Aid Society of Toronto (Chair)
Cynthia Alutis, Child Development Institute
Ana Bruzon, Catholic Children's Aid Society
Louise Cohen, Toronto Children's Services
Rochelle Fine, Hincks-Dellcrest Centre
Wilma Kleyendorst, Dilico Child & Family Centre
Margaret Leslie, Mothercraft/ Breaking the Cycle
Nancy Luciano, OAICD/ Infant and Child Development Services Durham,
Durham Region Health Department
Kathy Moran, Simcoe County Children's Aid
Patricia Mousmanis, Ontario College of Family Physicians
Mary Rella, Panorama Program, Ministry of Child & Youth Services
Lavonne Roloff, Alberta Home Visitation Network Association
Mary Lou Walker, Toronto Public Health
Mary Jean Watson, Simcoe Muskoka District Health Unit, HBHC

Infant Mental Health Promotion (IMHP) Staff

Chaya Kulkarni, IMHP Director, IMPRINT Editor, 416-813-6062, e-mail: chaya.kulkarni@sickkids.ca
Donna Hill, IMHP Administrator, 416-813-7654 x 1082, e-mail: donna.hill@sickkids.ca
Carmela Paolozza, IMHP Project Support, 416-813-7654 x 28185, email: carmela.paolozza@sickkids.ca

Infant Mental Health Promotion (IMHP)
The Hospital for Sick Children, 555 University Ave., Toronto, ON M5G 1X8
Fax: 416-813-2258 Web site: www.IMHPromotion.ca

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EXPANDING HORIZONS FOR THE EARLY YEARS: Promoting Mental Health From Conception and Beyond
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